

PROCLAMATION RECOVERY MONTH SEPTEMBER 2015

WHEREAS, behavioral health is an essential part of overall wellness; and

WHEREAS, prevention of behavioral health disorders can work, treatment can be effective, and people can recover; and

WHEREAS, preventing and overcoming behavioral health disorders is essential to achieving a healthy lifestyle, both physically and emotionally; and

WHEREAS, relatives and friends of those with behavioral health disorders are encouraged to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

WHEREAS, according to the 2013 National Survey on Drug Use and Health, more than two million individuals ages 12 and older received substance use treatment and more than thirty-four million adults ages 18 and older received mental health services in the U.S.; and

WHEREAS, to assist more people in achieving and sustaining long-term recovery, the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, White House Office of National Drug Control Policy, North Dakota Department of Human Services, North Dakota Addiction Counselors Association, North Dakota Addiction Treatment Providers Coalition, North Dakota Consumer Family Network, Youth MOVE BeyoND, Mental Health America of North Dakota, and North Dakota Federation of Families for Children's Mental Health, along with other members of the behavioral health recovery community, invite all North Dakotans to observe Recovery Month by participating in appropriate programs, activities, and events celebrating individuals in recovery.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim September 2015, **RECOVERY MONTH** in the state of North Dakota.

Jack Dalrymple

Governor

ATTEST:

Alvin A. Jaeger Secretary of State